



**DOMUS  
ORIENTALIS**  
DOM WSCHODNI



**ARCHIDIECEZJI  
ŁÓDZKIEJ**



# **Polska dla Bejrutu**

## **مساعدة من بولندا لبيروت**

**SUMMARY OF ACTIVITIES JANUARY 2023- FEBRUARY 2024**

- I. Introduction
- II. Renovation of apartments / furniture etc.
- III. Give a job!
- IV. Emergency assistance
- V. First Step and other projects of YBTE (Domus Orientalis Young Team in Lebanon)

[www.domwschodni.pl/en](http://www.domwschodni.pl/en)

## **I Introduction**

*It's been already 3,5 years of the joint mission of Dom Wschodni - Domus Orientalis and Caritas of the Archdiocese of Łódź in Lebanon, which had begun just a few days after the explosion on in the port on 04/08/2020.*

*2023 brought the continuation of activities related to the renovation of damages and other construction works and development of "Give a Job!". It also allowed us to initiate a new beautiful project called "Light for Beirut", as a result of the collection for Lebanese families during this year's "Procesion of 3 Kings", held in Poland in January 2023. Thanks to this project, we have already installed over 150 lamps with a mini solar panel.*



*At the end of the year we also launched „Warmth For” project. Thanks to it we helped over 30 families with diesel, gas, heaters. Most of the families are from the South of Lebanon*

*In 2023 we also developed projects conducted by YBTE' - our young team in Lebanon. YBTE slowly becomes the main pillar of our Mission in Lebanon. In addition to coordinating previously known projects, such as "First Step", "Wojtek Helps" and other initiatives, they created the "Book Corner" in Mar Mkhayel Cultural Center in Beirut. It's a meeting place for literature lovers. In the same Center, they also conducted the "Young Gardens of Lebanon" workshop, 2nd edition of „Gardens of Lebanon” and co-hosted the „Elderly Week”.*



*To sum up, from January 2023 till February 2024, we carried out projects with a total value of: **48 000 \$ + 8900 EUR**<sup>1</sup>*

- Renovations and other construction works: 1 new apartment + 2 rebuilt, construction of Book Corner, renovation of the clinic, works in Chiyah Park*
- Give a Job!: Help in the pizzeria<sup>2</sup>*
- Emergency assistance: installation of 166 lamps, „Warmth For” + financial help to families;*
- "First Step" and other YBTE's projects.*

*However, during the 3,5 years of our Mission, we carried out projects with a total value of **177,000 \$ and EUR 19,000**, helping, among others: during renovation/equipment/construction of 117 facilities (5 supported twice) and 41 jobs (2 plants supported twice) with additional project value: approx. USD 22,000 (donation of milk powder) and USD 23,300 (grant for solar panels for the Center Mar Mkhayel Culture).*

<sup>1</sup> Including administrative costs.

<sup>2</sup> Most of the restoration works, and Giva a Job were supported by a donations from nuns

## II. Restorations of residences

### 1. Jean-Pierre

*About:* Jean-Pierre is a 25 years old young ex-soldier..The currency crash made him leave the army. He works now as a waiter in a pub to survive. The currency crash made his parents go back to live in the village. He was left with an old ravaged apartment to use in the mean time

*Location:* Rabbat street, Medawar.

*Works:* Paint works.

Recurring jobs:

### 1. Therese

*About:* Therese lives with her son and used to work in a Catholic school. Now she helps him run the pizzeria and serve the tables. Her house was restored by our team and other NGOs as well. Her bed was still unusable though.

*Works:* Restoration of one double bed.

### 2. Daad

*About:* Daad lives alone in her house after the death of her brother. The risk of theft was great and it was necessary to change the locks in order to prevent unwanted visitors from entering the premises.

*Works:* Change the locks

Other places:

### 1. Dispensary

*About:* The dispensary of St Peter and Paul is part of the Maronite Archdiocese of Beirut health assistance to the community residing in the surrounding neighborhood of Ashrafieh. It's located in a traditional Lebanese house with a high ceiling and heritage design. Most patients are elderly who don't have any medical coverage and are not able to afford to visit a practitioner. The dispensary is served by 5 physicians who grew up in the area and has a dental clinic, a service deemed luxury nowadays. After the blast, 2 clinics' false ceilings were badly damaged and some of the entryway floor was destroyed. Patients risked tripping down when entering or having pieces of wood falling on their heads or in their mouth when visiting the clinics.



Note that one of the damaged rooms was used to distribute Enfamil baby formula donation sent to Lebanon in 2022 by Caritas of Łódź and distributed by Domus Orientalis - YBTE team to the families affected by the blast

*Location:* Fassouh, Bishop Msarra Street, Ashrafieh

*Works:* installation of 2 new false plastic ceilings and spotlights for 2 clinics and repair of entryway floor with cement and tiling works



## 2. Book Corner

*About:* the idea of making a book corner in the cultural center in Mar Mkhayel premises was born to create a space to bring people together around books and initiate a conversation in the community other than politics and financial struggles.

*Location:* Cultural Center in Mar Mkhayel parish

*Works:* Cement, wood, electrical and painting works to create seating, bookshelves and storage space.



## 3. Chiyah Park

*About:* Well, the park's condition is as important as its location. In the heart of the neighborhood, it holds a special place in the hearts of the community people who consider it to be their getaway. And not just that, for many, it has become the only breathe out option given the financial situation that most families struggle to cope with nowadays. The place is not just mere playgrounds for children, it's where parents and children meet and elderly have the opportunity to gather or simply to get out. The lack of funds to conduct maintenance had led to the benches and other wooden parts to wear out over the past couple of years. Being aware of all that was mentioned above, we wanted to offer the community the possibility to enjoy the charm of the place with a new fresh breeze and we started the necessary wood refreshment works to revamp the benches and the main gate. The place looks a bit younger now, yet still much to do.

*Location:* Lamaa Lamaa street, Ain El Remmaneh

*Works:* Wood refreshment works for the benches and the main gate.



### III. Give a Job!

#### 1. Pizzeria Da Marco (recurring job)

*About:* Mark is a personal trainer who has a passion for Italian food and runs his pizzeria with his mother Therese. The place was badly affected by the blast and we helped restore it. This hardworking man rented a piece of land across the street from the municipality of Beirut to expand his business and offer his clients more seats and tables. His budget was not enough to cover the whole cost and his sturdiness is aspiring.

*Location:* Geitawi, Rmeil

*Works:* Relocation of plants and trees, installation of a steel structure and gates and of plexi panels, provision of new table and chairs, paint works and electrical works



### IV. Emergency support

#### 1. Light for Beirut!

*Information:* A project initiated as part of the "Three Kings' Procession" („Orszak Trzech Króli”), consisting in the installation of lamps powered by a mini solar panel. The intended goal was to install 100 lamps mainly for the families with kids, in order to reduce the costs of household maintenance and to provide apartment’s lighting for those who could not afford a generator’s subscription.

The project has developed in terms of the number of lamps installed, and also expanded by the areas.

*Numbers and locations:* 166 lamps installed: 91 lamps were installed in Beirut and the surrounding area, 50 in the south of Lebanon in the villages of Kfour and Homsiyeh, and 5 in Tripoli.



## 2. Warmth For

The project was created in 2021 as a response to an appeal from Aleppo after the death of two elderly people who survived the war but could not cope with the cold. Then we managed to help 74 families buy diesel fuel and 389 families pay for a power generator.

In the fall of 2023, together with "Caritas of the Archdiocese of Łódź", we decided to continue the project to help families in Ukraine, Lebanon and Syria to survive the winter.

In Lebanon, due to the dramatic situation in the south caused by the armed conflict and the prevailing poverty, we decided to support the inhabitants of the villages of Homsiyeh and Kfour by supplying them with diesel, gas, wood and electric heaters. In total, we have so far supported 17 families (and fuel for the church) from Homsiyeh and 10 from Kfour (due to lower costs, we also managed to pay for the medicines of one elderly lady). In addition, we supported 6 Beirut families to pay for a generator.



**3. Financial support:** support for „Little Sisters” and 3 other families.

## V. YBTE

### 1. Activities with girls from Beit Al Fatat

- **Saj Brunch in Beit Al Fatat – March 4**

What better way to kickstart our activities for the year in Beit Al Fatat? As we come to conclude everytime, life is all about sharing and we decided this time to have saj brunch (a Lebanese breakfast) with the girls. The bond between us is getting stronger time after time. And the girls were amazingly enthusiastic and anticipating our visit. Some of them were helping Dany and Marina baking on the saj while others were cutting the veggies and setting up the tables. Their involvement in the preparations was simply heartwarming.

Most importantly, the food was so delicious. The girls' big energy led us to start playing some music games. To tell you the truth, the heat of the competition was high among the girls and even more among YBTE members themselves and it turned out choosing a winner was not an easy thing to do. The investment of the team in this activity was a clear reminder to keep focused on the mission we are to carry on.



We have responsibilities towards them and towards our country and this is what is giving us the strength to keep going on, no matter what!

“Without a purpose life is trivial, petty, and pointless.”-unknown-

- **Beit Al Fatat 2 visits to Cultural Center, May 13 2023**

We used to visit the girls in Beit El Fatat and hold activities with them. This time we decided we are going to do things the other way around and called to invite them to join us in the cultural center in Mar Mkhayel parish for the first time where we had plans to spend a special day with them. We greeted them with fun games and face painting, and then each girl received a cap with YBTE logo printed on it to wear while walking around the neighborhood and to let know they are family for us.



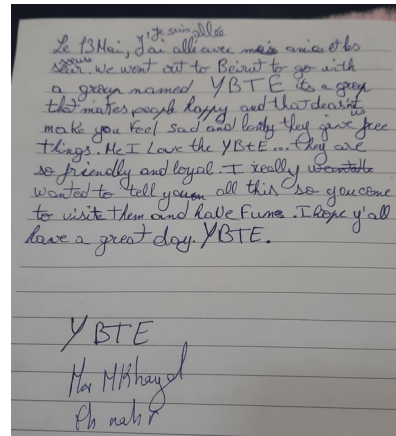
Hiba took the time to introduce the girls to the story of Wojtek the persian bear, adopted by polish army, who visited the region in WWII and then we continued our amazing day with a drawing session inspired by the Wojtek story where each girl received her Wojtek bag and had the opportunity to express herself by drawing figures on the bag.



And what better day than to enjoy tasty hotdogs for lunch&gt;?

We were touched and overjoyed when one of the girls wrote about YBTE in her diary:

**„...it proves that love always triumphs!”**



**13.01.2024**

We organized an artistic workshop, with the girls of “Beit Al Fatat”, focusing on self-love. The girls painted flower shaped mirrors, symbolizing self-reflection.

We also played a game mixing Polish and Arabic words, fostering cultural connection. At the end, we distributed "Le Petit Prince" (“The Little Prince”) book, which made the girls reveal their interest in reading.

Overall, the day was filled with positive energy and smiling faces.



Hiba: „As a team, we truly enjoy the time we spend with the girls, particularly as it has been a rewarding experience witnessing their growth visit after visit. It's heartening to observe the older girls maturing and leaving "Beit Al Fatat," while new girls joining. Seeing the older girls take care of the younger ones is truly heartwarming. Despite their diverse backgrounds, we admire how they form a genuine family bond. At times, we find ourselves learning valuable lessons from them about how to treat and love those around us”

## 2. „First Step”

- **Easter Postcards at Notre Dame des Anges school – March 17**

This time at NDA, things were a little different. What was particularly heartwarming was the teachers genuine interest in assisting us. They recognized that our mission is more than just producing postcards and taking pictures; it is a lifetime mission and the link that we are attempting to form with these children who are our future.





We are on the right track if we feel that raising and teaching a good generation is beneficial to the planet.

Believe in your children because they have greater potential than we can anticipate.

- **Collaboration between 2 schools**

In January 2023, “Sumar Sleem” The Head of Mission in Domus Orientalis for Lebanon & Syria visited Poland. One of the main purposes was to create a contact between Zespól Szkól Katolickich im. Jana Pawła II school and the Notre Dame des Anges school located in Badaro, Beirut.

As a result of this visit, the two schools started to communicate together, and tried to hold two online meetings. But unfortunately, due to the internet connection issues in Lebanon, they couldn't. Undeterred by this challenge, they spontaneously found an alternative and started communicating through videos, photos, and text messages.

The students at both schools were also encouraged to initiate connections between each others. Facilitated by the support of their teachers and schools, this interaction took shape. Polish students took the initiative by creating two videos. One video presented an introduction of their country's location and the symbolism behind their national flag. Another one showed their activities during the break time.

On the other side, Lebanese students aged 14-15 shared some information about fasting and Easter traditions in Lebanon.

Furthermore, the school in Lebanon was sending videos and photos that captured their students engaging in various activities. This multifaceted exchange allowed both schools (teachers and students) to gain insights into each other's lives and cultures, fostering a deeper understanding and connection among them.



In addition to this collaboration, the teachers and students from the Polish school demonstrated an outstanding level of solidarity by providing financial assistance to the schools in Lebanon and

Syria. Accordingly, and since the beginning of this year, they started to collect funds from various sources such as holding a charity concert, 2 Kermesse where the students sold cookies, a money collection among the teachers at the school and at the First Communion ceremony.

By the end of this school year, some Polish students sent handwritten letters to the students of grade 4 in Notre Dame des Anges school and to others enrolled in the First Step Program in Aleppo, Syria. The reply to them would be sent back in the beginning of 2023-2024 school year. Through this timeless tradition, the students were so excited exploring new horizons, and creating a bond that will endure across time and distance.

*„At the end of 2020, I joined Domus for volunteer work. It was my first experience volunteering with an NGO. A couple of months later, I was asked to be the coordinator of First Step Program in Lebanon. At first, I thought that it was just a duty to fulfill by sending some reports and photos and communicating with the school... And here the story began!! Maybe no words can describe my happiness while interacting with the students. Each time we go to visit them for a workshop or activity I see them smiling and happy to meet us again and ask to come more often!*

*The teachers started to help us and be more involved. What I can ensure is that First Step isn't just a Programme anymore. It's a source of happiness and joy. A way to breathe and communicate, a place where we receive more than we give. Looking at our children in the Program growing up is something so touching and impressive. I can see a bright future for those students, for us as a team, especially for me, and for this Program as an overall as well.”*

*Melissa, coordinator for the First Step Program*

- **Autumn and winter**

NDA SCHOOL:

Some may think nothing of great significance could happen in almost 4 months. Nevertheless, a new school year has started holding new challenges. Due to several circumstances, some of our students in NDA left the program, each of them upon a specific reason. The good news is that new students are now enrolled in the school, making their count a total of sixty-nine.

The economic situation is still affecting all the Lebanese people and prices are going higher. Teachers are constantly asking for a raise to be able to live decent lives, resulting in the increase of school fees at the beginning of the new academic year.

As an activity, we as a team shared and enjoyed a pre-Christmas celebration with the teachers and students at NDA. Santa Claus joined us as well, and we collected postcards that the children have prepared with the help of their teachers, with love to our dearest donors in Poland.

We gladly could say that the link between Domus Orientalis and the NDA school is stronger than before. Teachers now feel more involved in our mission. Students are interacting with us and that was easily remarkable.

By looking at their faces smiling, and hearing them sing, while welcoming Santa Claus and showing us their postcards, fills us up with joy.



### South of Lebanon:

Another update to be shared, is that unfortunately, due to the geopolitical situation in the south of Lebanon, we got a call for help in tuition fees for students who live in Kfour and enrolled in Notre Dame des Soeurs Antonines in Nabatieh.

People in the south are struggling to find jobs, children are terrified of the daily sounds of bombings and war coming from the borders. And despite all the reasons that push them to leave, they choose to stay and resist.

As a quick response, we are covering the tuition fees for 13 students from different ages, and looking forward to support even more. In return, those students prepared personalized postcards for the donors, greeting them in Christmas Eve.

Melissa: „*First Step program is now beyond than just supporting the financial matter. It is now combining a dual aspect: as we already know, the first aspect is the financial support in tuition fees and sometimes in stationary. The second one, is the “Communication”. We are so grateful to have a good connection between us, the team of Domus Orientalis, and the teachers and students at the schools we are supporting.*

*We cannot fail to mention the precious interactions between the Polish and Lebanese teachers. At the end of October, Polish teachers sent handwritten letters to their mates in Lebanon greeting them and making sure that they are okay due to the political matter in South of Lebanon.*

*In November, Polish teachers organised with their students an event called “The Frensh Tarte” and made a money collection to support the NDA school in Badaro.*

*Ending the year with exchanging some recorded videos between them in the occasion of the Christmas Eve and New Year, where both sides were so touched and impressed by feeling deeply close to each other”*

### **3. The Book Corner in Mar Mkhayel Cultural Centre**

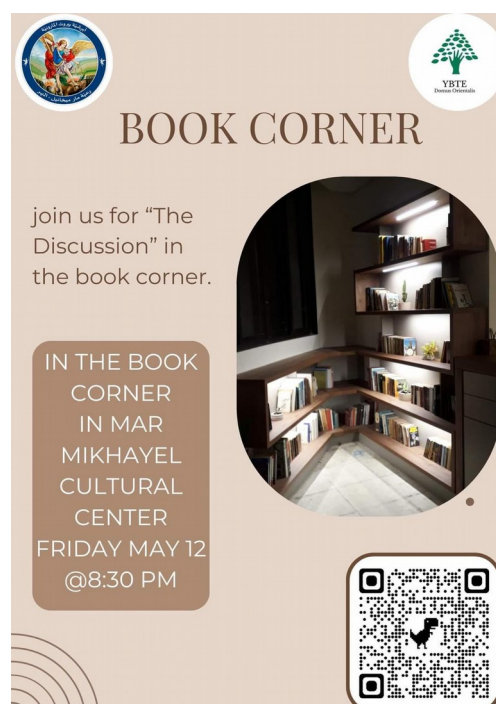
- **Inauguration, April 12**

Since education and culture are key topics of concern for YBTE, we had the pleasure to inaugurate the Book Corner in Mar Mkhayel Cultural Centre.

This spot is best described as a cozy quiet space where you can bring your own book to read or choose one from the various books that were donated to enjoy and relax. The place aspires to peace and can offer the perfect atmosphere for writing and working.

It's the place where we can meet and discuss the latest books we read, a great opportunity for communication and exchange.

Father Przemysław, the president of Domus Orientalis, was our first guest speaker for the inauguration of the Book Corner. He addressed the guests who shared this special moment with us with a word from the heart about the importance of culture and its effects on the human kind throughout history, a word that caught the hearts and minds of everyone there.



The poster features a circular image of a well-lit book corner with wooden shelves and a small table. Text on the poster includes: 'BOOK CORNER', 'join us for “The Discussion” in the book corner.', 'IN THE BOOK CORNER IN MAR MIKHAYEL CULTURAL CENTER FRIDAY MAY 12 @8:30 PM', and a QR code. Logos for Domus Orientalis and YBTE are also present.

„There’s something inside each one of us that helps us understand ourselves”; and Father Marek continued, „and there’s nothing better than this moment that gives us the conscience of what makes us happy and what makes us sad”;

- **Next Steps**

Let’s take a retrospective journey through the recent events at the Book Corner, where literature and culture intertwined to create captivating experiences:

On Wednesday, April 12 - inauguration.

On Friday, May 12, Ibrahim Nawfal and Marina Abi Aad, our coordinator, led an engaging discussion about their chosen books, igniting conversations that spanned literary worlds.

On Friday, June 16 Father Elia Mouaness unveiled the art of active reading in his lecture, „How to Read a Book” ; enriching our approach to literature.

On Friday, July 21, Emmanuel stirred thought with a discussion on a thought-provoking book, challenging perspectives and broadening horizons.

These events wove a thread of connection among literary enthusiasts. The Book Corner stands as a testament to the enduring power of literature in our lives.

### **Coordinator’s insights:**

*„This cozy Book Corner is actually helping me become more comfortable around people. In today’s world, communication is crucial. This Book Corner, with its ups and downs, is making me better at dealing with others. I am really thankful for the team I am a part of. They are all trustworthy, brave, and really creative. We don’t always agree on everything, but it feels like having a family. I am filled with anticipation for this project. My aim for this book corner is to spread happiness among people. My own encounters with reading have shown me that it has the power to bring more happiness than anything else since it uncovers truths that are scattered worldwide— truths from different individuals, nations, and eras. The path to true freedom lies in embracing the truth. And only when we are free can we genuinely discover happiness. This Book Corner is here to provide guidance and ambiance for people to read so they overcome the falsehood omnipresent in this world and become free and happy. Observing the happiness that our efforts bring to people is something I cannot underestimate. It brings me a profound sense of satisfaction. And lucky us, fruits of our work are starting to show. After each gathering, people express their joy with simplicity and love, and this reminds me of the purpose of my life: be happy and make others happy. The prospect of witnessing the growth of this book corner, similar to nurturing an infant, excites me.*

*I’m so grateful for the mistakes I make, as they are the stepping stones for my personal growth and the refinement of my actions. Per aspera ad astra, et pervenimus ad astra!!!”*

Marina, coordinator of the Book Corner project



## Next meetings:

- August 25th: lecture by Dr. Mouhamad Matar on Books.
- September 22nd: Discussion about the book "Who Moved My Cheese," which we have already read.
- October 20th: Gathering about polish books we have in the Book Corner.
- November 17th: People brought their own writings and read it to us.
- December 10th: Discussion about "The Little Prince," which we have already read.
- Thursday and Friday, 22nd and 23rd of December: Harry Potter Marathon in the cultural center and than on 14.01 we were discussing the saga of "Harry Potter"



*The Book Corner also has its own Facebook page! For more info you can check out the link: <https://www.facebook.com/BookCornerMarMkhayel>*

## 4. Gardens of Lebanon

### *Young Gardens of Lebanon – July 11 till July 26*

A fruit of the “Gardens of Lebanon” project ripened this summer. With the help of the parish, we scouted young talents with ages ranging between 9 and 16 years around the community to participate in the workshop that expanded over 3 weeks and the following exhibition that was held for their artworks.

First, an introductory meeting with the participants and their parents took place to explain the purpose of this workshop and ensure everyone is onboard to kick start the wonderful journey of not only painting a picture but also pouring the inside emotions out through colors and shapes. The workshops also included Ms Raja, an amazing woman who helped us recruit the participants and wanted to be part of the journey as well.

5 sessions were held to achieve the final project.



This was the vision of our art teacher Romy whose final aim is to create a collage of the printed pictures on the paintings made by the participants. She helped the kids get out of their artistic comfort zone and explore new styles and media to then create art masterpieces. Our art teacher from Poland, Magda, joined us on our last day of the workshop. She gave the children a new activity to expand their imagination.

At the end of the 5th session, an exhibition of the participants' final artworks and the artworks of young talents from Poland was held. Family and friends were invited along with members of the community in Mar Mkhayel to come and see the final results and the transformation made by these amazing young talents. All participants in Lebanon received certificates of participation to "Young Gardens" as well as a small gift from Magda.

It was a big motivational moment for all including the participants, their parents and other children who attended and started to ask when we will hold a 2nd version, knowing that the artworks were taken to Poland, where an art exhibition will also be held there, same as the art pieces that were brought here to Lebanon to prove once again that art is a universal language that can always bring people together.



**Chloe, Coordinator of „Gardens of Lebanon”:**

*„As the project coordinator, I was touched by the participants’s dedication. Despite challenges like transportation and extreme hot weather, some even adjusted their summer plans to join. I found the children’s independent choice to engage, driven by their passion, truly heartening. Their careful and enthusiastic approach to their art was evident and inspiring to me. As a person majoring in arts, it was nice to get to know people that also shared the same love and passion.”*

- **2<sup>nd</sup> GARDENS OF LEBANON:**

A second edition of “Gardens of Lebanon” was held in Beirut the fall of 2023. Fourteen Polish artists narrated each their own stories on canvases with watercolors. They painted stories about places they have never been in. The exhibited artworks were made especially for this edition of “Gardens of Lebanon”.

Last edition’s theme was *fiber fabric bond*, this edition was *water source life*. When the artworks were brought to Lebanon, they were first exhibited in Chiyah Park in Ain El Remmaneh on the 9<sup>th</sup> of November. The municipality of Chiyah were able to send out the invites to the inhabitants there to check out the artworks.

After that, we had the great opportunity to exhibit the artworks in La Sagesse University, all thanks to Father Miled, a priest we got to meet in one of our book corner gatherings, who invited us to share these art pieces with his students and staff in the University he works in. He helped prepare everything needed in the university. The president of the university also had the chance to check out the artworks during an event going on in the university for Lebanon’s Independence Day. The artworks were exhibited on Monday, Tuesday and Thursday, on the 20<sup>th</sup>, 21<sup>st</sup> and 23<sup>rd</sup> of November all day long

Lastly, we had to, of course, exhibit the artworks in our space in the Mar Mkhayel Cultural Center, on Friday and Saturday on the 24<sup>th</sup> and the 25<sup>th</sup> of November. The invitation was sent out to Mar Mkhayel’s community, the members of YBTE also sent their invitations to some art professors they know and their friends as well.



### **5. Elderly Week in Mar Mkhayel Cultural Center – June 12 till June 19**

Planning for the elderly week started as early as April to plan a special week for the elderly in the neighborhood who often don’t get the chance to go out and enjoy their time due to their age condition or simply burdening circumstances. Fr Elia, the parish priest who believes in the mission of YBTE pushed for this project aiming to help the elderly to sail along with us through the hardships and the challenges of aging.

And the result was the fruit of an amazing collaboration between the parish volunteers, Barrad el Hay and YBTE. A group of elderly people were called for a meeting on Wednesday June 7, simply to get to know us and to tell them about our vision where the cultural center starts to become their place to go and to enjoy. We call them our partners now, because their cooperation is key to the success of this project. And the fruit was ripening fast: they gave a name to the project: **“We Still Can”**. We started the next Monday as the day to talk about old songs and movies. One of them turned out to be an actor in the past and even had a music band!

Tuesday was awareness day with a trainer coming to offer them how to exercise at their age. Along with memory games to recall popular proverbs and quotes.

Wednesday was the day to indulge them with a hairdresser and our ladies got a manicure service. Thursday was the day we took them to Beirut Park by bus where we could spend some time in this wonderful forgotten place.

Friday was the day when Fr Elia and Elie Abu Saba showed up as a surprise and played guitar and sang along with them, then shared a brunch before we all agreed to continue our activities in the future on a weekly basis. The elderly's invitation to be involved in decision making and the emphasis on them representing the memory of the golden sixties of Beirut was truly a big step into incorporating them in parish life and in becoming more proactive, each in their way.



## 6. Chiyah Park

- **Mother's Day March 21**

A Mother's love is the fuel that pushes her child to accomplish the impossible.

On Mother's Day, the municipality of Chiyah prepared a brunch in the Chiyah Park in honor of all the mothers in the neighborhood, with members of the municipality, both men and women, taking care of the amazing mommies along with good music just to give the perfect celebration atmosphere.

Our contribution aimed to provide 200 coupons from a nearby hairdresser for the ladies to indulge them with some me-time.

The hairdresser took his time to style the hair of a few mommies on the spot while others received coupons to go pay a visit to his salon and benefit from the coupon



- **Kermess – May 24**

Every now and then, the municipality of Chiyah organizes a kermess for the area's children in the Chiyah Park. The kermess included food and beverages kiosks, fun games for the children and the parents as well. A memorable day for the whole community who had the chance to come and enjoy some family quality time without burdens.

YBTE offered rewards of little bags of candies for those participating in the kermess games.

We also made additional contribution for Down Syndrome meeting in Chiyah Forum.





## **7. Support for 3 Children training at Fightlife Lebanon/ The Bumblebees**

Yes the circumstances are only getting worse and people have to compromise a lot. But what about that kid who shows how much he or she is talented in sports and eager to train? What about those parents who are torn from the inside because they cannot afford enrolling their child in a gym to get proper training? Well, yes again! Such a kid deserves to be given the chance to train for one year. And what better than Fightlife Lebanon Club founded by our dear friend Jack? This little gym with a big heart has kids coming to train for martial arts with young Vasken, the promising champion. We are indeed big fans of the club and follow up with the rising of both Vasken and Dzhovag in MMA fights while watching them grow to be role models for the youth. Little talented ones were chosen to benefit from a full 1 year subscription. Thank you Fightlife Lebanon for the great work!

## **8. YBTE in JMJ Portugal – July 28 till Aug 8**

So YBTE girls worked hard and prayed even harder to get the chance to go to Portugal and take part in the International Youth Day in Lisbon and meet the pope. They traveled all the way to Spain then to Portugal along with the Neocatechumenal Way group from Lebanon and embarked in an unforgettable journey that changed their lives forever.



They got to meet with the Polish Youth in Lisbon and even noticed that their breakfast included Polish apples and couldn't help but notice that they traveled all the way there to have a taste of a Polish fruit! We don't believe in coincidences anymore!

We also provided additional support for the internal pilgrimage in Lebanon for those who couldn't go to Portugal.

## **9. Therapy of K. family: Hiba continued therapy with 23 additional sessions**

## 10. Dany's workshop

- 22-Oct-2023: Wooden Frames and Stands for the exhibition (made from reclaimed wood).
- 22-Nov-2023: Gifts for the Young Artists (Wooden Pieces with a shape of Leaves with their name on it).
- 23-Nov-2023: Square pieces of wood (12x12) for Magda out of reclaimed wood from the explosion.



## 11. Trainings with Mona

- 30-Sept-2023: 1st Training Session with Mona (Time Management)
- 14-Oct-2023: 2nd Training Session with Mona (Time & Stress Management)
- Mona volunteered to support us in this training, displaying kindness and generosity.
- The topic of time and stress management was beneficial on a personal level and within YBTE.
- The training comprised two sessions, each lasting around 2 hours.
- The team displayed a big interest in the topic, to learn and apply the methods discussed.
- An exercise was assigned to track and manage daily tasks and time over the course of a week, which the team actively participated in.



Dany: *“The training was very beneficial to all, in the personal growth of each and in team cohesion. Through this training, team members gained insight into each other's personal loads and how they manage them. For the next training topic, the team collectively decided that "Public Speaking Skills" are essential, considering each member's role in coordinating projects and the need to present or discuss them professionally.”*